

Emergency Services, 24 Hour Pack Requirements

The gear list below is the minimum required equipment. Items required of trainees are marked with a "T."

You may carry additional equipment subject to team leader approval and your ability to secure and carry it --remember you may have to walk a long way carrying it all.

1) On your person:

- a) Complete BDU uniform with camouflage BDU cap. The BDU cap may be replaced by a hard hat or bright colored cap based on mission needs.(T)
- b) Notepad and pencil (T)
- c) All CAP Identification, including 101 card, 76 card, First Aid card, etc. (T)
- d) Watch (T)
- e) Handkerchief or Tissues
- f) Vest, reflective, orange (T)
- g) Comb or brush (optional, carry if needed) (T)
- h) Ground Team Member's Handbook
- i) Signal Mirror
- j) Whistle
- k) Pocket or utility-type knife, multipurpose with can opener. Swiss Army knives, Leatherman, or Gerber Tools are recommended. (T)

2) Daypack (preferably red or orange), webbed gear, or other SAR/Survival Vest (T) containing:

- a) First Aid Kit, stored in zip-lock bag or other waterproof container, recommended that it consist of the following:
 - (1) 2 Antiseptic cleansing pads
 - (2) Antiseptic ointment
 - (3) 6 Band-Aids, various sizes
 - (4) Moleskin, 2" X 4"
 - (5) Roller bandage
 - (6) 2 Safety pins, large
 - (7) 4 gauze pads
 - (8) 1 Triangular Bandage
 - (9) Tape, first aid
 - (10) Any personal medication (your team leader should know what you have and where you carry it.)(T)
 - (11) Rubber surgical gloves (two pair minimum)

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- b) Survival Kit, stored in zip-lock bag or other waterproof container, consisting of:
 - (1) Duct tape, 5-10 feet (does not need to be a whole roll. May be wrapped around a stick.
 - (2) Leaf bag, large
 - (3) 12 wooden, waterproofed matches (T)
 - (4) Match container, waterproof, with striking surface
 - (5) 1 Chemical Light Stick, Green (T)
 - (6) 50' of nylon line (paracord or similar line).
- c) SAR Equipment stored in zip-lock bags, consisting of:
 - (1) Change of socks (T)
 - (2) Flagging Tape, 1 roll
 - (3) Flashlight (with red or blue lens), with spare bulb and batteries
 - (4) Spare flashlight (penlight will do) (T)
 - (5) Insect repellent
 - (6) Lip balm, with sunscreen.
 - (7) Sunscreen lotion
 - (8) Tissue Paper (T)
 - (9) Work Gloves, leather (T)
 - (10) Interviewing Form(s), blank
 - (11) 4 Moist Towelettes, clean, in foil wrapper
 - (12) Change for phone calls, calling card, or cellular phone (T) to call mission base
- d) 2 meals (T)
- e) Shelter Material, preferably 8' X 10' (spare military poncho meets the need)
- f) Coat for appropriate climate, if necessary (in pack if not wearing it)(T)
- g) Poncho, (T)
- h) Canteen(s) to carry 2 quarts of water (Some wings require their personnel to have at least one one-quart canteen on a belt while the other is stored in the field pack. At least one quart of water must be carried by all personnel)(T)
- i) Compass Pouch, containing compass, lensatic or orienteering (orienteering preferred). Compass should have a "glow in the dark" dial.
- j) **Leader's Equipment -- only required of Ground Team Leaders**
 - (1) Protractor -- for map work.
 - (2) Map Case (Large Zip-Loc bags can be used if necessary)
 - (3) Pencil, with eraser (plus sharpener if not a mechanical pencil)
 - (4) Alcohol Pens, fine tip, at least 2 colors (neither the color of your colored flashlight lens)
 - (5) Some way to erase alcohol pens marks on the map case, such as alcohol swabs or a special alcohol pen eraser.
 - (6) A straightedge ruler, at least 6" long (Some protractors may have a ruler as well).
 - (7) Ground Team Leader Handbook